

# Theatre4Change Therapeutic Theatre - T3

'Healing Through Theatre'

Is a registered Non Profit Company based in Cape Town in Khayelitsha, the 3rd biggest township in South Africa. It was established in 2010 by the Infecting City Festival Intern Curator, Cape Town TV Presenter and an active Theatre Maker Mandisi "Dr Disi" Sindo and its board members include Thami Mbongo, Andiswa Anthony, Somila Toyi and Zanele Azuza Radu.

T3 works with young, old, skilled, not skilled, educated, uneducated, and acclaimed artists from different arts disciplines in providing them with performance, creative, directing and writing skills, events, performances platform and other artistic consultations. The company has been actively training and mentoring young artists in preparing them for a tertiary level education and in the nearest future we are hoping to see our relationship exploring to working close with other institutions and companies in the same sector as us. Theatre4Change has worked professionally with the Baxter Theatre Dance Festival, Market Theatre Laboratory Zwakala Festival, Africa Centre Infecting the City Festival, Nampack, University of Cape Town Gordon Institute for Performing and Creative Arts, Rainbow Arts Organization and the Department of Arts and Culture in Nelspruit.

#### Our Repertoire of works includes:

## "Living Under Pressure"

Written, directed and performed by Mandisi 'Dr Disi' Sindo with the late Abongile Kroza Performed at: The University of Cape Town RES4RES Festival September in 2010

"The Sacrifice" conceptualized and directed by Mandisi Arnold Sindo Performed at: UCT Site Specific 2011, Infecting the City Festival 2012 and in Nelspruit in 2014

"The Interrogation" Written and Directed by Mandisi 'Dr Disi' Sindo Performed at: The Baxter Theatre Centre Zabalaza Festival 2012

"The Widow" Conceptualized and directed by Mandisi 'Dr Disi' Sindo, Performed at the: The Infecting the City Festival 2013 and in Nelspruit in 2014 Nampak World Aids Conference, April 2013 in Cape Town Johannesburg Market Theatre Community Festival, Johannesburg in 2013 Market Theatre Zwakala Festival, Johannesburg in 2013, The Baxter Theatre Dance Festival, October Cape Town in 2013

"XHOKAANS" Written by Sonia Buqwana, Alicia Daniels and Mandisi 'Dr Disi' Sindo Directed by Mandisi 'Dr Disi' Sindo Performed at: Market Theatre Laboratory (JHB) in July 2014

"Pantsul'amagenge" Choreographed by Siyabonga Mhlongo and Aphiwe Mpahleni Directed by Mandisi "Dr Disi" Sindo Performed at: Infecting the City Festival 2014 in Cape Town

"Vuka Mandela Theatrical Magic Event" - on the 18 July, every year since 2012

"Healing and Teaching 30 Females Workshop" end of May, every year, since 2014 (Was facilitated by: Mandla Mbothwe, Owen Manamela, Ntombi Makhutshi and Aphiwe Livi)

"Amazing Women Arts Event (AWAE)" - on the 09 August, every year since 2014

"MARI and KANA" Conceptualized and Directed by Mandisi 'Dr Disi' Sindo Performed at: Infecting the City Festival 2015.

## Artistic Director's Note: Mandisi 'Dr Disi' Sindo



'It always seems impossible until it's done" Nelson Mandela

Kasi-2-Kasi and Theatre4change Therapeutic Theatre - T3 Founder & Artistic Director

First of all, I would like to thank the University Of Cape Town – Gordon Institute for Performing and Creative Arts (GIPCA) for making this dream a reality. It was not long ago after the success of my first professional public art directing piece '*The Sacrifice*' which was part of the 2012 Infecting the City Festival. After its impression I asked Africa Centre to support my dream of Kasi-2-Kasi Public Arts Festival and thanks to the head curator of Infecting the City Festival and the Artistic Director of GIPCA Jay Pather for his mentorship, love for public arts and for trusting this initiative.

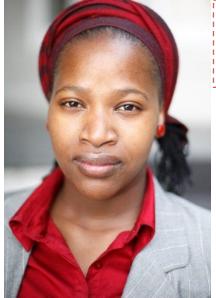
Kasi-2-Kasi Public Arts is a festival that is aiming to introduce another form of creativity to young, upcoming and established directors, choreographers, musicians, poets, visual artists and to the audiences at large. It is a festival that will benefit not only Cape Town based artists but artists coming from the rest of the world. We are hoping in a few years to host performances from other provinces in the country and eventually internationally. The concept behind it all is for the festival to awaken the dead spaces we have in our communities, areas that are not seen breathing or representing the people that occupy them. I believe public space is something each community deserves to honour and appreciate as a reflection of a shared expression but many don't see public art as a means to that end. Every space can be a performance space.

We have seen during apartheid, art was used as a weapon of expression to comment, raise issues, and as a tool to rescue our communes from the devastating symptoms of our country at large. In this years' debut of Kasi-2-Kasi Public Arts the audience members, communes, and art practitioners will be witnessing the best of Cape Town's creative's telling their stories, in their individual languages, and in their own community corners. In addition - this is not a competition but a platform for artists to showcase the beauty of their works and communicate their thoughts through the spaces owned by the stories they tell.

This programme follows a series of routes from the mall, street corners, backyards, intersections, gardens and trees journeying from Gugulethu Mall through Steve Biko Drive to Gugulethu Sport Complex lawn of fun. The artists on this programme deserve generous admiration, respect and a round of applause from all those who will be witnessing their work. And... Thank you for coming.

Masibambisane, sifezekise amaphupha ethu nomphakathi wethu. iKasi Lam, liKasi Lakho...

Coordinator's Note: Zanele Azuza Radu



"If you can't run the race make the person ahead of you to break a record" Unknown

# Kasi-2-Kasi and Theatre4change Therapeutic Theatre – T3 Coordinator

Kasi-2-Kasi Public Arts Festival will inspire many young people to make their dreams a reality but mostly to create jobs for other young people in their communities. Apart from increasing tourism and making the spaces in the previously disadvantaged communities more visible, Kasi-2-Kasi will be a channel to increase awareness of the arts in these communities and discover the young and undiscovered talent from these communities.

We hope that this festival will grow from strength to strength and would not only get more artists, groups, and directors from the communities each year but should be able to attract more groups from outside the communities to participate in the festival. This will be a great platform to share ideas and encourage integration.

I would also like to thank the following people and companies for their big-hearted support:

Producer: UCT Gordon Institute of Performing and Creative and Art (GIPCA)

Presented by: Theatre4change Therapeutic Theatre – T3

Mentor and GIPCA Artistic Director: Jav Pather

Kasi-2-Kasi Artistic Director: Mandisi "Dr Disi" Sindo

Kasi-2-Kasi Coordinator: Zanele Azuza Radu

GIPCA: Samantha Saevitzon, Vaughn Sadie, Emma Turpen

Stage Crew: Filbert Mushiringi, Sive Mvandaba, Kabelo Chalatsane and Abonga Sithela

Africa Centre (Infecting the City)
Department of Arts and Culture

Technicians: YOTO Technologies, DJ C Audio, Basadi Women Production

City of Cape Town

Gugulethu Square Centre

Gugulethu Community members (who welcomed us with open hands)

Audience Members, Local Newspapers, Community Radio Stations etc

But... This was never going to be possible without the support of the artists who took part in it, BIG THANK YOU GUYS and GIRLS.

Zanele Azuza Radu

## **REJECTION** by Mthuthuzeli Galela (Gugulethu Mall Pillars)



#### Mthuthuzeli Stoan Galela

MthuthuZeli is a dancer, choreographer and producer and has worked on various commercials, competitions, music videos and productions including Rise of the Dead and Bring Dance Back to Life, Funwalk, Zabalaza Theatre Festival, Memory (written, directed and choreographed by Nhlanhla Den Mkhwanazi), Bring dance back to life with IndaloStofile and Freshly Ground's music video Take me to the dance. In 2002 he co-founded the group Jivas Tsepho Ntshuntshe and Sibusiso Zoneleni,

**Rejection** is a physical theatre work about a forty-five year old homeless man who sleeps outside the home affairs building in Khayelitsha.

# VISUAL ART: BODY WORK by Simphiwe Ndzube (Gugulethu Mall Road Side)



## Simphiwe Ndzube

Born in Johannesburg, Simphiwe grew up in Cape Town and graduated with a B.A. in Fine Arts from Michaelis School of Fine Arts in 2014.

This body of work takes a critical view of social, political and cultural issues. I am particularly interested in the sub-cultural human bodies that are socially ostracized, rejected, discriminated, excluded, dehumanised and the subordinated "other". Much of my work is informed by the harsh realities of poverty and class discrimination, issues of femininity and

masculinity, racial inequality, power, biblical myths, sexuality and gender related problems that are often socially constructed and seen as acceptable.

**THE PROPHET MUST DIE** by Lwanda Sindaphi & Rainbow Arts Organisation (*Bench Trees*)



#### **Rainbow Arts Organization**

Rainbow Arts Organisation is a registered Non-Profit Organisation (NPO) that seeks projects and opportunities within the arts and culture sector. The Organisation was established in 2006 by a group of ten concerned young artists to use the arts as a vehicle to develop alternative options for the youth through the arts. Since then more than 50 young people and scholars living in Delft's most diverse and disadvantaged communities are directly benefiting annually from this programme.

**The Prophet Must** Die is based on prophecy about life after death and questions our religious beliefs. *The Prophet must Die* is a story of sacrifices, raising the issue of culture in relation to religious beliefs.

The play follows the story of Unathi Rorwane who has a gift of communicating with the dead. Certain community and church leaders feel threatened by Rorwane; they are concerned that he will change people's mind about their beliefs. Rorwane sees that the community is reluctant to accept his gift and sacrifices

## **SHEMBE or ZION?** by Khanyiswa Mazwi & Future Line Arts Academy (*Street Corner*)



#### **Future Line Arts Academy**

This art focused academy was established in 2007 by Thethile Maphundu, Monde Mfini, Thando Mzembe and the late Abongile Kroza. Future Line Arts Academy is an arts academy based in Khayelitsha, Kuyasa. Its leaders include Thando Mzembe, Xola Mntanywa, Aphiwe Livi and Mandisi Sindo. This academy has presented works at the Baxter Theatre Zablaza Festival, Artscape Theatre Complex High School Drama Festival, Klein Libertus Heritage Festival and in the Infecting the City Festival. In 2013 FLAA won the Market Theatre's Zwakala Festival with its highly recognized production entitled 'The

*Playroom'* and in 2014 won Zabalaza Festival Fringe programme with a production entitled *'Mr President'*. Future Line Arts Academy has graduates that enrolled theatre studies at the University of Cape Town, Magnet Theatre, Jazzart Dance Theatre and other institutions.

**SHEMBE OR ZION?** Is a flash mob performed by a group of believers who are thanking God for His blessings through music, drumming and humming. This piece is directed by Khanyiswa Mazwi under the mentorship of Mandisi Sindo. The work aims to assist the audience to navigate the route in guidance, light, love and care.

#### **UKUNANZA KOMNYAKAMISO** by Indalo Stofile and Ncebakazi Yeko (*Backyard Garden*)



## **IndaloStofile**

Indalo graduated from the University of Cape Town Drama School with distinction in Acting in 2011. She has appeared in numerous productions and worked with various directors such as Mandla Mbothwe, Mandisi Sindo, Brett Bailey, Mwenya Kwabwe, Joana Evans and Mfundo Tshazibane. Indalo is currently working with the Department of Western Cape equipping high school learners with dramatic and performance skills.

Ncebakazi Yeko is a 22 year old female born and raised in the Eastern Cape. In 2012 she joined the Steve Biko Foundation in King Williams Town and was trained in the performing arts by the acclaimed theatre director Mandla Mbothwe for a period of two years. In 2014 she went to study music at the University of Cape Town and after she joined Lingua Franca Poetry Movement that is based in Cape Town in Delft.

**UKUNANZA KOMNYAKAMISO** is a piece by two young and powerful ladies exploring and conjuring on sand (earth) as the mother of all... UThando lomhlaba kwabasemhlabeni.

## **CROSSING THE LINE** by Lingua Franca Poetry Movement. (Garden of Stories)



#### **Lingua Franca Poetry Movement**

A poetry movement based in Delft, Lingua Franca was founded by four young artists Mbongeni Nomkonwana, Lwanda Sindaphi, Mawande ManezSobethwa and Ncedisa Jargon Mpemnyama in 2009. In November 2012, the group was reassembled by Mbongeni and Lwanda and now includes members from Gugulethu, Khayelitsha, Langa, Mfuleni, Philippi, Observatory, Strand, Rondebosch and Gauteng.

Crossing the Line seeks to break the division between art, poetry, music and the man on the street and is performed by artists from the Lingua Franca group based in Delft. Four young poets established Lingua Franca: Mbongeni Nomkonwana, Lwanda Sindaphi, Mawande

Manez Sobethwa and Ncedisa Jargon Mpemnyama in 2009. In November 2012, the group was reassembled by Mbongeni and Lwanda and now includes members from Gugulethu, Khayelitsha, Langa, Mfuleni, Philippi, Observatory, Strand, Rondebosch and Gauteng.

#### **NDILINDE** by Aphiwe Mphaleni & Moving Stories Theatre (*Hilled Intersection*)



## **Aphiwe Mpahleni**

Now based in Parow, Aphiwe attended primary school in Siyazingisa, Gugulethu where she was introduced to the arts. She continued her dance training at high school and graduated from UCT's School of Dance.

She has appeared in, amongst others, the Baxter Theatre Dance Festival. the Dance Umbrella, the National Choir Festival.

Theatre4change's Vuka Mandela Event and Amazing Women Arts Event, Infecting the City 2013 and the Cape Town Carnival. Aphiwe is currently a teacher at Zonnebloem Nest High School

## **NDILINDE**

This dance piece, performed by eight women is about migration; these women have either migrated themselves, or have someone close to them who has done so. They all have the *omasgoduke* or chequered carrier bags used for long distance travel. These bags hold each dancer's life and story.

## **DESTINED** by Elvis Sibeko & Simone Botha (*The Confined Space*)



#### Simone Botha

Simone trained with Natalie Swanepoel and was a member of the Cape Junior Ballet. She joined Cape Town City Ballet's Apprenticeship Program in 2008 and in 2009, she graduated from UCT's School of Dance with distinction and joined iKapa Dance Theatre. There she worked with choreographers such as Ebrahim Medel, Maxwell Xolani Rani, Jay Pather and Kevin Turner and Lulu Sala.



#### **Elvis Sibeko**

Elvis has performed with Tribanghi Dance Theatre and Jazzart Dance Theatre. He has taught and choreographed at the Lily School of Arts and in 2009 was awarded the Most Promising Dancer award at the Jazzart Dance Theatre Training Programme. Elvis has choreographed works for Dance Umbrella, Baxter Dance Festival and Soweto Festival and worked with notable theatre makers including Alfred Hinkel, Gregory Magoma,

Vincent Mantsoe, Jay Pather, Jayesperi Moopen, Mamela Nyamza to name few.

**Synopsis:** To be or not to be, that is the question....

How can we define the continued rolling of the dice that signifies the course of life? Is it simply the day-to-day actions of what is meant to be or do we simply leave it to chance? The dice rolled. Two random strangers crossed paths. Was it by choice or divine intervention? To be or not to be, that is the guestion...

## **VISUAL ART: LETTER TO MY PARENT** by Richard Mabula (Complex Corner)



#### **Richard Mabula**

Richard graduated from Michaelis School of Fine Art in 2014 winning the Hoosein Mahomed Art Prize that same year. In 2013 he was awarded the South African Society of Artists Prize for Best Body of Work and in 2012 exhibited at the Polokwane Art Museum Richard has completed private commissions for several clients in America and was recently invited by the University of Stellenbosch to exhibit an installation of eleven paintings in Johannesburg at the annual Turbine Art Fair. He is currently preparing works for two group exhibitions in Cape Town

This body of work focuses on prejudice. It interrogates how our histories, both personal and collective, influence our ideas of who the perpetrator is, and who the victim is. Within a South African context, I interrogate the experience of my siblings, parents and grandparents under apartheid and examine how young people relate

to each other. I look at skin as a garment of representation. This garment is very powerful, as it is inscribed by all kinds of social codes, which are closely intertwined with streams of both imaginary and symbolic identifications. The nude body is no less clothed than the clothed body.

# VISUAL ART: PERSONAL AND REMOVED by Thandiwe Msebenzi (Framed Story



board)

#### Thandiwe Msebenzi

Thandiwe lives in Vukuzenzele, Gugulethu and graduated from Michaels School of Fine Art in 2014. Her training began at St Mary's School in Nyanga and received a bursary to attend the Waldorf School where she took art as a matric subject. While still at school, Thandi taught art at various nursery schools. In 2010, she was selected to be part of the Western Cape art exhibition at the Iziko National Gallery. 2011 She is the recipient of several awards including the Teirney Fellowship in 2014.

This body of work is a continuation of the dialogue I had started during my fourth year of studies called *oobhiti abatsha: the old and the new*, in which I interrogated the clothing of oobhuti abatsha, when young initiates return to their communities as men represented in a suit. A cotton hat, a shirt and tweed blazer has come to signify the presentation of a Xhosa man. I started to question the authenticity of the attire and to look at these borrowed symbols that signified manhood and unique to the Xhosa culture yet so Western and European .The project

interrogated how we appropriate, shape, give meaning to things and make them our own. The new body of work stars to reflect an internal examining of my experiences of being a woman taking on a topic concerning Xhosa initiates.

KASI-2-HIPHOP by Cape Town Popular Rappers (Gugulethu Sport complex lawn of fun)

#### MASAKHE 'TEST' NTSINI



Masakhe 'Test' Ntsini is a hip-hop artist from Khayelitsha. He grew up at a time when Kwaito music was booming in South African townships. This time coincided with the beginning of a new subgenre of hip-hop in the townships: Spaza rap. He was inspired by popular musician Zola and started writing his own music in 2004.

**BUNTU 'MANITY'JOBELA** 



Buntu 'Manity' Jobela is a 24 year old rapper, poet, song writer, actor and model from Delft. He was introduced to the performing arts in 2003 when he joined the popular Hip Hop crew DSO (Delft South Origins). He was nominated for an award at the Hip Hop Kaslam Awards. Jobela recently completed his studies as a theatre technician and stage management at Artscape Theatre.

#### SIZAKELE 'INDLULAMTHI' GEGANA



Sizakele 'iNdlulamthi' Gegana is a spoken word artist from Nyanga. He is infamously considered(by those close to him)to be one of the most influential yet underrated artists in South Africa. His latest single "Andivoti" which was released via Kasimp3 during the national elections in 2014, sparking a wave of diverse views about the decision to vote.

#### KHANGELANI 'ZANZOLO' NCAMILE



Khangelani 'Zanzolo' Ncamile is a hip-hop artist and cultural activist who uses art as a tool to mobilise through his music. He is inspired by Thandiswa Mazwai, Dead Prez, Xoli Nosenga, Krs 1,Immortal Techniq, Busi Mhlongo, Izithunywa Zohlanga and Stompie Mavi.

#### **NAKEDMYND**z



NakedMyndz consists of three artists and producers from the Nunstop Recordz label: Pzho (Zolani Lucas Ponco), Pro-X (Xolani Ngcaza) and Madness (Khululani Wellington Ntiyaniya).



## **GUEST PERFORMANCE BY MAXHOSENI**



Bongile Pateni, better known as MaXhoseni was born on September 23, 1989. This self-managed humble young rapper from South Africa (Eastern Cape) is well known for his heartfelt and thought provoking lyrics. His musical career began in 2007 after he released his timeless classic called "HONEY". People still jam to this song every now and then. In the past lots of his time were spent motivating and paving the way for other artists. He introduced

Kimosabe (formerly known as Sixfo) to the music world 4 years ago. For those who don't know Sixfo, he's the guy who produced "*lingoma Ezimnandi*" by iFani& "*Starring*" by F-eezy featuring Ntukza (Teargas).

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