

## Nurturing Wellness among Men

[Sexual and Reproductive Rights Programme](#) <sup>[1]</sup>

Source: [newafricanmen.wordpress.com](http://newafricanmen.wordpress.com) (28 January 2016)

Recording posted by the folk at The Voice of the Cape, 91.3FM, of the interview by Mishka Darries of Kopano Ratele, a professor at the University of South Africa who co-facilitates a men's group with Shahieda Jansen in Cape Town; Jackie Geduld, a psych postgraduate student at the University of Western Cape (UWC), and Shahieda Jansen who is the manager of Student Counselling at the Centre for Student Support Services at UWC and the women who initiated and has been running men's groups for years. [LISTEN TO RECORDING](#) <sup>[2]</sup>

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The African Gender Institute is a research grouping within the Faculty of Humanities at the University of Cape Town University of Cape Town

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**Links:**

[1] <http://agi.ac.za/sexual-and-reproductive-rights>

[2] <https://iono.fm/e/248750>